

**Take Your  
Pulse  
Day is  
Sept 26th**

**COATC**  
Central Ohio Aerospace  
and Technology Center

The Heath Rec Center presents  
free cholesterol, blood pressure,  
glucose screenings, and  
more.



**Open to Everyone!**

Free food and beverages  
provided by Aramark.



- Free Health Screenings
- Free Cholesterol Tests
- Body Fat Testing
- Fitness Tests
- Flexibility Tests
- Health and Wellness Vendors

**The Participants include:**

- Cholesterol, glucose, and pulse/blood pressure testing by Heath Nursing Home
- Polarity Testing by Sandy Priest
- Bloomberg Eye Clinic
- Body fat testing by Heath Rec Center
- Grip strength and flexibility tests by ORS
- Nikken Independent Wellness Consultant
- Chiropractor Greg Mantonya

**Time:** 12:00 p.m. to 2:30 p.m.

**Date:** Friday, September 26, 2003

**Place:** COATC Conference Center, 781 Irving-Wick Drive West, Heath

The COATC Conference Center is located on the west side of the Central Ohio Aerospace and Technology Center campus (former Newark AFB) in Heath, next to Aramark's Flightline Café.

Visit **COATC.com** for more information.